



PASTA PASTA MADE FRESH EVERY MORNING - CHECK OUT OUR PASTIFICO LAB!

All pasta dishes come with a selection of free Parmesan, Ricotta & Pecorino Cheese

BOLOGNESE	4.90
Slow-Cooked Beef in Tomato Sauce	
VEGGIE NORMA	4.50
Aubergines & Tomato Sauce	

MUSHROOM & TRUFFLE	4.90
Seasonal Mushrooms & Truffle Oil	
N'DUJA	5.50
Spicy Calabrian Sausage & Tuscan Sausage in Tomato Sauce	

PUTTANESCA	4.90
Olives & Capers with a Hint of Anchovy Paste in Tomato Sauce	
RAGU' PIEMONTE	5.50
Hand-Carved Braised Beef	

SOUPS

VEGGIE MINISTRONE	4.50
Carrots, Broccoli, Peas & Borlotti Beans	
LENTIL & SAUSAGE	4.95
Slow-cooked Lentils with Tuscan Sausage	
SOUP OF THE DAY	
Please ask waiters for more info	

MAINS

COTOLETTA	6.90
Chicken Milanese, Potatoes & Carrots, on a Bed of Rice	
CACCIATORA	6.90
Chicken Breast with Tomato Sauce, Olives, Mushroom & Parsley	

OVEN BAKED

BEEF LASAGNA	6.90
Italian Classic, with Beef Bolognese	
PESTO LASAGNA	6.90
Vegetarian Spin on the Classic	
AUBERGINES PARMIGIANA:	6.90
Aubergines, Tomato Sauce & Mozzarella	

SANDWICHES

With Premium Italian Ingredients only

PROSCIUTTO & MOZZARELLA	5.50
Parma Ham (Aged 24 Months), Buffalo Mozzarella, Tomatoes & Mayo	
COTOLETTA	5.50
Chicken Milanese, Tomatoes, Mayo & Rocket	
PIADINA ROMAGNOLA	4.99
Flat Bread, Parma Ham (Aged 24 Months), Creamy Stracchino Cheese & Rocket	
SPICY PIADINA	4.99
Flat Bread, Calabrian Sausage Spread (Spicy), Cotto Ham, Fontina Cheese & Spinach	
VEGGIE	4.50
Buffalo Mozzarella, Tomatoes & Pesto	
BRESAOLA	4.99
Bresaola From Valtellina, Mushroom & Truffle Cream, Rocket	

SALADS

Authentic Italian recipes & ingredients made right here

CHICKEN & AVOCADO	5.50
Chicken Breast, Avocado, Broccoli, Sun Blushed Tomatoes & Egg	
CHICKEN & QUINOA	5.50
Chicken Breast, Quinoa, Olives, Artichokes & Cherry Tomatoes	
SALMON & AVOCADO	6.50
Smoked Salmon, Avocado, Sun Blushed Tomatoes, Egg & Pomegranate	
CAPRESE	6.50
Buffalo Mozzarella, Tomatoes & Avocado	
VEGGIE LOW GI	5.90
Mozzarella Pearls, Quinoa, Cherry Tomatoes, Asparagus & Broccoli	
BRESAOLA CARPACCIO	4.80
Lean Beef, Parmesan Shavings, Cherry Tomatoes & Balsamic Glaze	
PROSCIUTTO & FIGS	5.50
Parma Ham (Aged 24 Months), Figs, Gorgonzola & Walnuts	
TUNA CARPACCIO	6.50
Smoked Tuna, Black Olives, Cherry Tomatoes, Asparagus & Lemon	
ITALIAN FINEST ANTIPASTO	6.90
Buffalo Mozzarella, Parma Ham (Aged 24 Months), Asparagus & Sun Blushed Tomatoes	

SIDE SALADS

TRICOLORE	2.99
Mozzarella Pearls, Cherry Tomatoes	
PARMESAN TRICOLORE	2.99
Sun Blushed Tomatoes, Parmesan Shavings & Balsamic Glaze	
MEDITERRANEA	2.99
Quinoa, Black Olives & Cherry Tomatoes	

AUTHENTIC ITALIAN

Superfast



WINES

RED WINES	
Montepulciano d'Abruzzo Frentano 2013	3.99
Rosso Piceno Bacchus Organic, 2014	4.99
	Bottle 19
WHITE WINES	
Trebbiano d'Abruzzo Frentano, 2013	3.99
Gavi DOCG, Le Marne di Carraro Federica, 2013	4.99
	Bottle 19
BEERS	
Peroni	2.99
Menabrea	3.29

BREAKFAST & DESSERTS

SCRAMBLED EGGS	FRESH FRUIT SALADS
EGG SANDWICHES	YOGURTS
HAM & CHEESE TOAST	TIRAMISU
HAM & CHEESE CROISSANT	CHOCOLATE MOUSSE
ARTISAN PASTRIES	HOMEMADE CAKES
PORRIDGE	

Italian COFFEE & BREAKFAST