

Breakfast

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| PIADINA | 2.99 |
| Italian flatbreaded with choice of filling | |
| Omelette with Mushroom or Pancetta | |
| Italian roasted ham with stracchino cheese | |
| Parma ham (aged 24 months), rocket & stracchino cheese | |

Brunch

2.49

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| SCRAMBLED EGGS With spinach & tomato | or | SMASHED AVOCADO On wholegrain toast | or | FRIED EGGS On wholegrain toast |
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Additional toppings:

CHEESE, N'DUJA +0.30; AVOCADO, FETA +0.70; PANCETTA, MUSHROOM, SALMON +0.99

Add extra egg or toast 0.50

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| BAKERY | 1.80 |
| Plain Croissant, Almond Croissant, Pain au Chocolate, Chocolate Croissant | |

Pasta

Available from 11.30am

Small Regular

Handmade every morning with just flour and water

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| VEGGIE NORMA Aubergine & Tomatoes (VF) | 4.99 | 6.99 |
| MUSHROOM & TRUFFLE Seasonal Mushroom (VG) | 5.50 | 7.50 |
| SPICY N'DUJA with Tuscan sausage (DF) | 5.75 | 7.75 |
| RAGU' PIEMONTE Hand-carved braised beef (DF) | 5.99 | 7.99 |
| MUSHROOM & PANCETTA Bacon & Black Pepper | 5.99 | 7.99 |

Italian classic

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| LASAGNA BOLOGNESE | 7.25 |
| AUBERGINE PARMIGIANA (V) | 7.25 |

Brown Rice Specials

1. Choose your base :

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| VEGAN MEATBALLS (VG) (GF) Aubergines, sweet potatoes & chickpeas | 6.99 |
| BEEF MEATBALLS Homemade beef meatballs | 7.59 |
| GRILLED CHICKEN Basil & balsamic marinated chicken thighs (GF) (DF) | 7.69 |

2. Choose your sauce :

CALABRIAN
N'duja sauce

AMALFI
Honey & capers

MEDITERRANEAN
Citrus & herbs

Served with brown rice & veggies

Panini & Piadine

Half Whole

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| PIADINA COTTO Italian roasted ham with stracchino cheese | 2.99 | 5.99 |
| PIADINA ROMAGNOLA Parma ham (aged 24 months), rocket & stracchino cheese | 2.99 | 5.99 |
| PARMA & MOZZARELLA 24 months aged Parma ham, mozzarella, tomato & basil | 4.99 | |
| MOZZARELLA & PESTO Mozzarella, Pesto Genovese, roasted aubergines, tomato, spinach | 4.99 | |
| SALAME SPICY Salame abruzzese, fire roasted sweet peppers, rocket | 5.50 | |
| COTOLETTA Chicken Milanese, rocket, tomatoes & mayo | 5.50 | |

Coffee & co.

COFFEE BLENDS: PORTOFINO OR VESUVIO
MILK: WHOLE, SKINNY, SOY, ALMOND OR OAT

| | Piccola | Medio |
|---|---------|-------|
| ESPRESSO | 1.80 | 2.20 |
| MACCHIATO | 1.90 | 2.30 |
| MAROCCHINO | 2.00 | 2.40 |
| AMERICANO | 2.20 | 2.50 |
| CAPPUCCINO | 2.60 | 2.80 |
| LATTE | 2.60 | 2.80 |
| FLAT WHITE | 2.70 | |
| HOT CHOCOLATE | 2.60 | 2.80 |
| MOCHA | 2.60 | 2.80 |
| ICE COFFEE/LATTE | | 2.80 |
| TEA SELECTION | 1.90 | 2.20 |
| English Breakfast, Earl Grey, Peppermint, Green Tea | | |

Syrup & Extra shot + 0.40

Salads

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| PARMESAN SALAD POT (V) Rocket, cherry tomatoes & parmesan | 1.99 |
| HEIRLOOM TOMATO POT (VG) Heirloom tomato, pine nuts & spinach | 2.69 |
| SALMON & AVOCADO POT (VG) Salmon, avocado, spinach, egg, lemon | 2.89 |
| VEGAN SUMMER SALAD (VG) Heirloom tomato, grilled peaches, cougettes, grain mix, pickled onion, corn, spinach | 5.29 |
| SPRING CHICKEN SALAD (DF) Broccoli, pomegranate, spring onion, cherry tomatoes, spinach, Italian grain mix | 5.39 |
| CHICKEN AVOCADO (GF) Broccoli, sweet potatoes & cherry tomatoes | 5.59 |
| CHICKEN MANGO (DF) Avocado, fire roasted sweet peppers, spinach & Italian summer grain | 5.79 |
| CHICKEN PANCETTA (GF) Parmigiano, boiled eggs, corn & cherry tomatoes | 5.99 |
| BURRATA (V) Basil, cherry tomatoes, pomegranate, spring onion, corn, spinach, Italian grain mix | 6.99 |

Add extra chicken + 0.85

Fruits & Yogurts

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| YOGURT HONEY & BANANA with granola (V) | 2.29 |
| YOGURT STRAWBERRY CHIA with honey & chia seeds (V) | 2.29 |
| SUMMER PEACH SALAD Yellow peach, strawberries, berries, mint (VG) | 3.50 |
| BERRY FRUIT SALAD MIX Strawberry & blueberry (VG) | 3.99 |
| MANGO BERRY MIX Mango, strawberry & blueberry (VG) | 3.99 |

Cakes & more

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| BANANA BREAD | 1.99 |
| BROWNIE | 1.99 |
| COOKIES Dark or with chocolate chip | 1.99 |
| TIRAMISU' Mascarpone cream, sabayon, meringue | 2.99 |
| CHOCOLATE MOUSSE Honeycomb & Belgian Chocolate | 2.99 |